**Help Us to Help You**

**Fill out this short survey and you could be in with a chance to win a €100 One4All voucher!**

**How do you look for information on health? Librarians want to know! Tell us how you look for health information by filling out this survey.**

**We will use your answers to help us make it easier to find health information. We are HEAL: the Health Education and Libraries group. Members include librarians in public libraries in Dublin, health librarians from St Vincent's Healthcare Group and a researcher from UCD.**

**You don't have to do this survey unless you want to: it is voluntary.**

**And you don't have to tell us who you are unless you want to: it is anonymous.**

**If you want more information about this survey, email: healproject1@live.ie**

**Thanks for taking our survey!**

**Health Information Survey**

1. **Have you ever searched for health information online?**

* Yes
* No (Go to question 7.)

2. **Select all the statements that are true about you? Please Tick as many as you like**

* I have found information online on nutrition.
* I have bought prescription drugs and supplements online. (Supplements are things like vitamin and oils.)
* I have asked my doctor for advice for me and my family.
* I have looked up my symptoms.
* I have a Fitbit or other health app.
* I have looked up whether I or my family should get the flu jab.
* I have joined an online support group for a health condition.
* I have found natural remedies for a health condition. Natural remedies include things like herbs.
* I have found information on local classes and support groups.
* Yes Somewhat No

Have you looked up any other health-related information? Please write what you looked up here

3. **Do you find it easy to find health information online? Please tick**

* Yes
* Somewhat
* No

4. **Do you understand online health information?**

* Yes
* Somewhat
* No

**5. Do you trust the information you find online? Please tick**

* I trust it and follow advice.
* I trust it sometimes.
* I rarely trust it.
* I never trust it.
* I do not trust it but do not know where else to look.

If you don't always trust online health information, please explain why. Write your answer here:

6. **Where do you look for health information online? Newspapers, blogs, websites?**

**Please write your answer here:**

7. **Have you ever used the library to find health information? Please tick.**

* Yes
* No (Go to question 9.)

8. **How did you find health-related information at the library? Please tick**

* Books
* Information Displays
* Talks on healthy living
* With help or guidance from staff
* Through library computers with internet access
* Using my own device and the library's W Ffi

9. **What age group are you in? Please tick**

* 18-24
* 25-34
* 35-44
* 45-54
* 55-64
* 65-74
* 75 years or older

10. **What is your gender? Please write it here.**

11. Have you any ideas on how we can improve health information in libraries? Please tick

* Yes
* No

If you answered, yes, please write your ideas here.

12. **Would you like to be part of a group that answers questions on health information for the public? If you would, please fill in this section so we can contact you. We will keep your details safe, and we will not share them. We will only use your information to contact you about participating in a group about health information.**

Name:

Email:

Phone number (optional):

13. **Would you like to be entered into a draw for a €100 One4all voucher?**

**If you would, please fill in this section so we can contact you if you win. We will keep your details safe, and we will not share them. We will not use your information unless you win and we need to contact you.**

Name:

Email:

Phone number (optional):

Thank you for your help!