

# CREATIVE BRAINWAVES

TALKS & WORKSHOPS  
ON THE CREATIVE ARTS  
IMPROVING BRAIN HEALTH

**Tues 1, Thurs 3 & Tues 8 OCTOBER**

Times vary (tea & coffee will be provided 30mins prior to each talk)

**Studio Theatre, Level 1, dlr Lexicon**

*Booking essential via [dlr Libraries eventbrite](#)*

**Creative Brainwaves** returns for a third series of talks and workshops, exploring how our engagement in various creative arts can benefit our brain health. The sessions include brain health specialists, therapists, people living with and working with those affected by acquired brain injury, and a range of artists, musicians and writers. This series is curated and facilitated by **Mike Hanrahan**, Global Atlantic Fellow for Equity in Brain Health at Global Brain Health Institute, Trinity College Dublin.



## TUES 1 OCT, 11.00am-1.00pm

**Amplifying Voices and Memories Through Music and Storytelling in Care Homes** with Gráinne Hope, a professional cellist, founder and Artistic Director of *Music & Health Ireland*, Atlantic Fellow for Equity in Brain Health (GBHI) and Chair with the Arts and Health Coordinators Ireland, David Hope, professional musician, songwriter, recording artist, and Music & Health practitioner, Fiona Mc Auley, Activity Coordinator in the Hollybrook Lodge Residential Care Unit, Dublin and Brian Lawlor, professor of old age psychiatry at Trinity College Dublin and Site Director of Global Brain Health Institute at Trinity.



## THURS 3 OCT, 6.00-8.00pm

**Dance and Creative Writing for Wellbeing** with Laura Sarah Dowdall, international facilitator on creative health, wellness and inclusion, holistic practitioner and professional dancer, Veronica Casey, poet and short story writer with a combined passion for education and health, and Mike Hanrahan, writer, musician and Atlantic Fellow for Equity in Brain Health at Global Brain Health Institute, Trinity College Dublin.



## TUES 8 OCT, 11.00am - 1.00pm

**Innovative Arts in Acquired Brain Injury** with Alanna O'Connor, Speech and Language Therapist working in CreATe Assistive Technology Service, Liam Lynch, artist and acquired brain injury survivor, Gráinne McGettrick, Director of Policy and Research with Acquired Brain Injury Ireland and a Global Atlantic Fellow for Equity in Brain Health, Global Brain Health Institute, Trinity College Dublin and Kathleen Brennan who recently retired from her work with Acquired Brain Injury Ireland, actively supporting families affected by brain injury.

