

19 September 2024

Dear all,

Dún Laoghaire-Rathdown (dlr) County Council's '**Cuairt agus Cultúr**' programme is an annual arts and wellbeing programme where artists and wellbeing practitioners visit and carry out workshops and projects in residential nursing homes and day care centres in Dún Laoghaire-Rathdown.

The programme is fully funded and organised by dlr County Council Arts, Libraries and Age-Friendly Programme with additional support funding from the Arts and Health Partnership Programme (funded by the HSE).

For autumn / winter 2024/25, we are delighted that we have six artists and wellbeing practitioners participating in Cuairt agus Cultúr. The artists and practitioners are experienced in working with older people and they provide music, arts & crafts, storytelling as well as reflexology and meditation programmes and we hope that residents and day service attendees will enjoy the experience. The artists and practitioners are assigned for several weeks each autumn / winter to care settings interested in taking part in the programme.

We would like to invite all residential nursing homes and day care centres based in Dún Laoghaire-Rathdown to apply for this year's Cuairt agus Cultúr programme by completing the application form attached.

We would be very grateful if you could bring this material to the attention of any staff member that may be interested as the 'Cuairt agus Cultúr' programme 2024/25, which will start in November 2023 and continue until February 2024. We expect each selected care setting to be offered a series of sessions / workshops with either a creative or wellbeing practitioner.

Criteria for selection of care settings will be:

- Preference will be given to nursing homes and day centres, which have not previously taken part in the Cuairt agus Cultúr Programme.
- Geographical spread across Dún Laoghaire-Rathdown County
- Please see the accompanying application form which must be returned by email / in the post by **12 noon on Friday 4 October 2024**

We look forward to hearing from you and sincere thanks,

Emma McKeag, Senior Librarian, dlr Library Service
Máire Davey, Assistant Arts Officer-Participation and Learning
Deirdre Cronin, Age-Friendly Programme Manager
Dún Laoghaire-Rathdown County Council



Cuairt agus Cultúr Programme 2024/25 Application Form:

Name and address of residential nursing home / day centre:

Name of contact for the programme:

Email:

Phone Number:

Do you currently offer creative or wellbeing sessions to all your residents and day service attendees? Yes / No

If applicable, please list what will be on offer for residents / day service attendees this coming winter so we can offer an additional option:

Why would you like to participate in the Cuairt agus Cultúr programme?

Please return this completed form to this email, cagusc@dlrcoco.ie or post the application by **12 noon on Friday 4 October 2024** to:

Cuairt agus Cultúr Programme 2024/25,
C/o dlr Arts Office,
Dún Laoghaire-Rathdown County Council,
County Hall, Marine Road, Dún Laoghaire, County Dublin.

