



CREATIVE BRAINWAVES

TALKS & DISCUSSIONS ON THE
CREATIVE ARTS AND TECHNOLOGY
IMPROVING BRAIN HEALTH

Fri 16 May, 11.00am - 12.45pm & 1.30 - 3.30pm

Tea & coffee will be provided 30 mins prior to each session

Studio Theatre, Level 1, dlr LexIcon

Booking essential via dlr Libraries Eventbrite

dlr Libraries are delighted to be partnering once again with the Global Brain Health Institute and Creative Ireland Creative Health & Wellbeing programme to deliver another session of talks and discussions around brain health. Curated by Atlantic Fellows for Equity in Brain Health, Karen Meenan and Mike Hanrahan, this day-long event focuses on dementia care, featuring medical professionals, advocates, writers and musicians, as well as voices from caregivers and people living with dementia.



11.00AM - 12.45PM

Developments in Creative Arts in Dementia and Wellbeing Worldwide & Introduction to Virtual Reality (VR)

Introduction with Karen Meenan, dementia communicator, founder member of the Forget Me Nots Choir and Atlantic Fellow for Equity in Brain Health, and Mike Hanrahan, singer, songwriter, author and Atlantic Fellow for Equity in Brain Health.



How the Application of Virtual Reality (VR) can Impact the Wellbeing of Residents in a Care Setting with Luke Gavigan, Company Director for both Hillcrest Nursing Home in Letterkenny, County Donegal and Riada Care Limited.



Virtual Reality (VR) with Siobhán Grant, Head of Fundraising at Saint Joseph's Dementia Care Home, Shankill.



Extended Realities (XR) Video Presentation with Deepa Mann-Kler, CEO of Neon XR, Director of Belfast XR Festival and XR Lead Atlantic Institute.



Break with time to examine Virtual Reality (VR) Headsets on display

Reading from *Melting Moments* with Lindsay Martin-Fenlon, chartered physiotherapist of Droimnín Nursing Home, Stradbally, Co. Laois and author of this children's book about dementia.



Q&A Discussion

Poetry and Song with Tony Curtis, Aosdána member, renowned poet and experienced facilitator of poetry and creative writing.



1.30 - 3.30PM

Creative Projects - What is Happening in the Community and why are these Initiatives Important?

Introduction with Karen Meenan, dementia communicator, founder member of the Forget Me Nots Choir and Atlantic Fellow for Equity in Brain Health, and Mike Hanrahan, singer, songwriter, author and Atlantic Fellow for Equity in Brain Health.



Supports Available to People Younger than 65 with a Dementia Diagnosis with Matthew Gibb from the Dementia Services Information and Development Centre (DSiDC), who works with older people, carers and people with sensory and physical disabilities.



The Memory Harbour, HSE Memory Technology Resource Room, Clonskeagh with Catherine Daly, Senior Occupational Therapist with an interest in brain health, memory impairment and dementia, and Gillian Dullea, HSE Senior Primary Care Occupational Therapist with over 30 years' experience in a variety of clinical settings.



Young Onset Lewy Body Dementia with Dr Kevin Quaid, author and advocate, living with Lewy body dementia. Kevin has written two books about his experiences and was awarded an honorary doctorate through Rushford Business School to recognise his outstanding contributions to the field of Lewy body dementia advocacy.



Civic Engagement and Social Innovation with Michael Foley, Trinity College Dublin, who has a particular interest in research translation and impact, with a focus on how public policy, the NGO sector and the research sector interact.



Break with time to examine Virtual Reality (VR) Headsets on display.

This Shock of Flowers – Forget Me Nots Choir, feat. Frances Elliott (Video)

Panel Discussion with Caregivers and members of the Forget Me Nots Choir – Kate Byrne is a caregiver to her husband John Gore Grimes who lives with dementia; Joan Frier and Frances Elliott recently represented the choir at a photo shoot with Eurovision Song Winner Charlie McGettigan.

Q&A with the audience

A River Rolls On – Mike Hanrahan feat. The Forget Me Nots choir (Video)

Music with Mike Hanrahan



Clár Éire Ildánach
Creative Ireland
Programme

